

VILLAGE ACADEMY MENU 2008 - 2009

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday/Sunday
Spaghetti w/ Meatballs Ceasar Side Salad Garlic Bread	Chicken Fajitas Spanish Rice Roasted Squash Vegetarian Tofu and Bean Fajitas	Meatloaf Roasted Redskins Green Beans Vegetarin Cranberry Lentil Loaf	Baked Potato Bar Broccoli, Cheese & all the fixins	Chicken Tenders Roasted Potatoes Vegetable	Chicken Noodle Soup Chef's Choice Soup Submarine Sandwich Entrée Option
BBQ Chicken Greens and Beans Corn Bread. Vegetarian: BBQ Chic Peas and Tofu.	Taco Salad Refried Beans Vegetarian: Tofu Taco Salad	Pancakes w/ Apple Cherry Compote Scrambled Eggs w/ Tomato and Chives	Oven Fried Pork Chops w/ honey Mustard Rice Pilaf Acorn Squash Vegetarian Vegetable Strudel	Cheese Burger Mashed Potatoes Vegetable	Lentil Soup Chefs Choice Soup Submarine Sandwich Entrée Option
CHICKEN Parmesian Penne Pasta with Pesto Broccoli Mushroom Parmesian	Philly Steak Sub Glazed Carrots Vegetarian Philly Tofu Sub	Roasted Turkey w/ Carnberry Sauce Mashed Sweet Potaoes Spaghetti Squash Vegetarian Lemon Pepper kabobs	Tacos Spanish Rice Refried Beans Vegetarian Bean and Tofu Tacos.	Cheese or Pepperoni Pizza Side Salad	Navy Bean Soup Chef's Choice Soup Submarine Sandwich Entrée Option
Ghoulash Egg Noodles Brussels Sprouts Vegetarian Stuffed Tomatoes	Sweet and Sour Chicken Fried Rice Stir Fry Vegetables Vegetarian Tofu Stir Fry	Pepper Steak Mashed Potatoes Green Beans Vegetarian Spinach Touffle	BBQ Pulled Pork Corn Bread Califlower Vegetarian Tofu Patties	Hot Dogs Side Salad Vegetables	Chicken Rice Soup Chef's Choice Soup Submarine Sandwich Entrée Option